

## Stroke Rehabilitation Protocol

These protocols are designed to restore oxygen, and enhance the available resources to support neural function.

This protocol combines both chemical and energetic interventions to optimize recovery and mental function. Strokes usually follow either blockage, resulting from vascular blockage, or rupture resulting from vascular degeneration. Both

Protocol goals are:

- Restore oxygen to deep tissues, including brain
- Decrease possible inflammation in head
- Facilitate detoxification of lipid tissues
- Suppress parasitic organisms

	Qty	Dosage	Role & Notes
<b>Anti-Inflammatory</b>			
<b>Hormetic Cap</b>	8	Hours	Reduces the tendency for cerebral inflammation.
<b>Detoxification</b>			
<b>Ecomer</b>	2	Grams daily	Facilitate detoxification for a wide range of toxins
<b>Phosphatylserine</b>			Lipid substrate for neural regeneration
<b>Phospholipids - EPL</b>	1	Tbsp at Breakfast	Support acetylcholine production and drive active lipid detoxification and protect from neurological damage. Provides choline, a neurotransmitter substrate
<b>NeuroMed</b>	1	Tsp/day	Methylation cofactors for neuro support. <a href="#">Can be applied nasally,</a>
<b>Neural Support</b>			
<b>Mental Clarity Formula</b>	3	Grams/day	With Auriculum
<b>Himalayan Mind Care</b>			Neural Performance Cofactors
<b>NeuroZyme</b>			Fibrin clearing support
<b>Diet</b>			
<a href="#">Detox Diet</a>			Minimize sugar based food supply that feeds bacteria. Eating program minimizes: insulin, Glucose, mannose. Avoid Chitobiose, N-Acetylglucosamine
<b>Energetics</b>			
<b>Hyperbaric</b>			Helps restore deep tissue oxygen availability
<b>PEMF</b>	30+	Minutes/day	Helps restore cellular energetic & supports mitochondrial performance

<b>Hormesis Sleeping Pad</b>	1	Sleeping Mat in Bed	<ul style="list-style-type: none"><li>• Disrupts organism life cycle;</li><li>• Stimulates immune system</li><li>• Inhibits opportunistic fungus and yeast overgrowths</li><li>• Active within blood/brain barrier</li><li>• Long-term support</li><li>• Ease of use.</li></ul>
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